

8th Annual



**HEALTH
PROFESSIONS
SYMPOSIUM**

April 13th, 2024
Student Union Building

EVENT CHAMPION



1

Two Campuses: New Mexico & Florida

2

Fully Accredited: Commission on Osteopathic College Accreditation (COCA)

3

COMLEX First Time Pass Rate: 94%* (22-23 testing cycle)

4

Mission Medicine: Community-based learning

5

Recipient of the **2023 Higher Education Excellence in Diversity Award**

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MORE**



* 99.9% of scores reported

EVENT CHAMPION



"If I have seen further, it is by standing on
the shoulders of giants."

Sir Isaac Newton

THE UNIVERSITY OF NEW MEXICO SCHOOL OF MEDICINE
EXTENDS OUR DEEPEST **GRATITUDE** TO OUR MORE THAN
1,100 **COMMUNITY FACULTY** UPON WHOSE SHOULDERS
FUTURE GENERATIONS OF HEALERS STAND.

Are you interested in paying forward the
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received from your preceptors?

Contact us today to find out how you can join the
community faculty of the UNM School of Medicine.

Thank You.

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EVENT CHAMPION

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EVENT CHAMPION



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University College Advisement Center

Academic Communities

Liberal Arts & Integrative Studies

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The logo for Kaplan, featuring the word "KAPLAN" in a bold, dark blue, sans-serif font. A thick, dark blue curved line arches underneath the text, starting from the left and ending at the right with a registered trademark symbol (®).



The logo for The Princeton Review, featuring the text "The Princeton Review" in a bold, black, sans-serif font. The word "The" is smaller and positioned above "Princeton". "Princeton" is the largest word, and "Review" is below it, followed by a registered trademark symbol (®). The text is enclosed in a thick black rectangular border. The bottom-right corner of the border is folded over, revealing a yellow background underneath.

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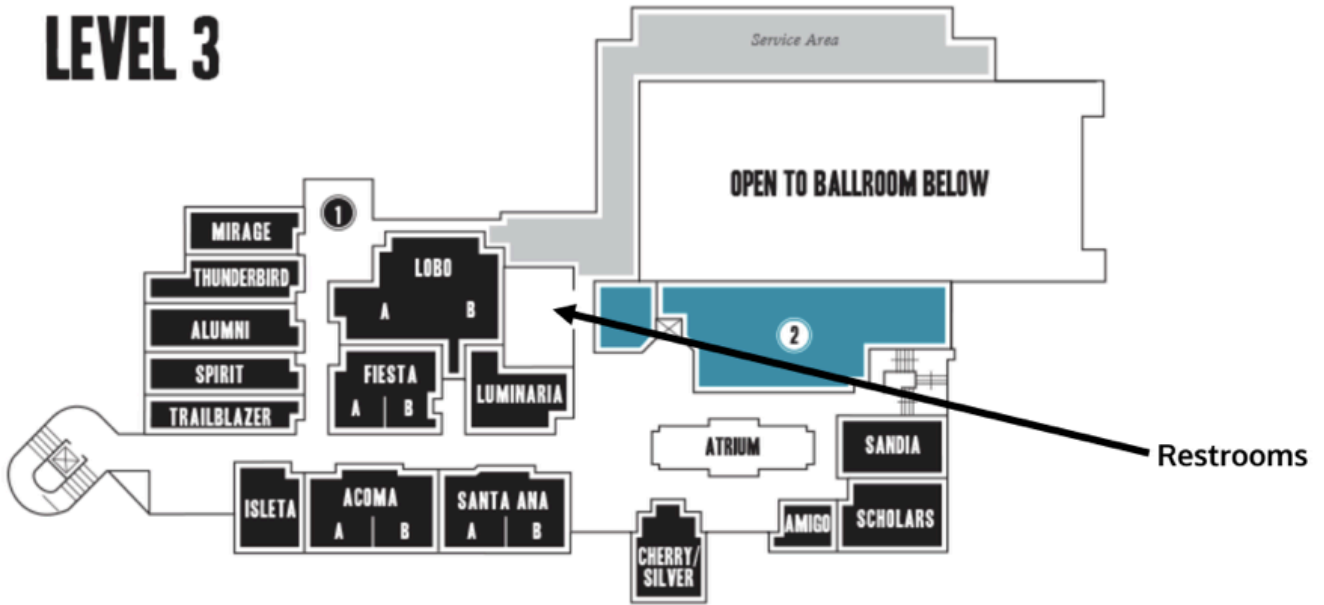
SCHEDULE OF EVENTS

8:00 AM	–	8:45 AM	Check-In
8:50 AM	–	9:00 AM	Opening by the HPS Committee**
9:00 AM	–	9:15 AM	Welcoming Remarks** Garnett S. Stokes, Ph.D. <i>23rd President of University of New Mexico</i> Douglas Ziedonis, MD, MPH <i>Executive Vice President, University of New Mexico Health Sciences Center</i>
9:15 AM	–	9:45 AM	Keynote Address** Eve Espey, MD, MPH <i>Professor and Chair of Department of Ob/Gyn and Family Planning Fellowship Director</i>
9:45 AM	–	10:00 AM	Instructions on Workshop Sessions**
10:10 AM	–	10:55 AM	Workshop Session #1
11:00 AM	–	11:45 AM	Workshop Session #2
11:45 AM	–	1:15 PM	Lunch and Information Table Session
1:30 PM	–	2:15 PM	Workshop Session #3
2:20 PM	–	3:05 PM	Workshop Session #4
3:10 PM	–	3:55 PM	Workshop Session #5
4:00 PM	–	4:45 PM	Workshop Session #6

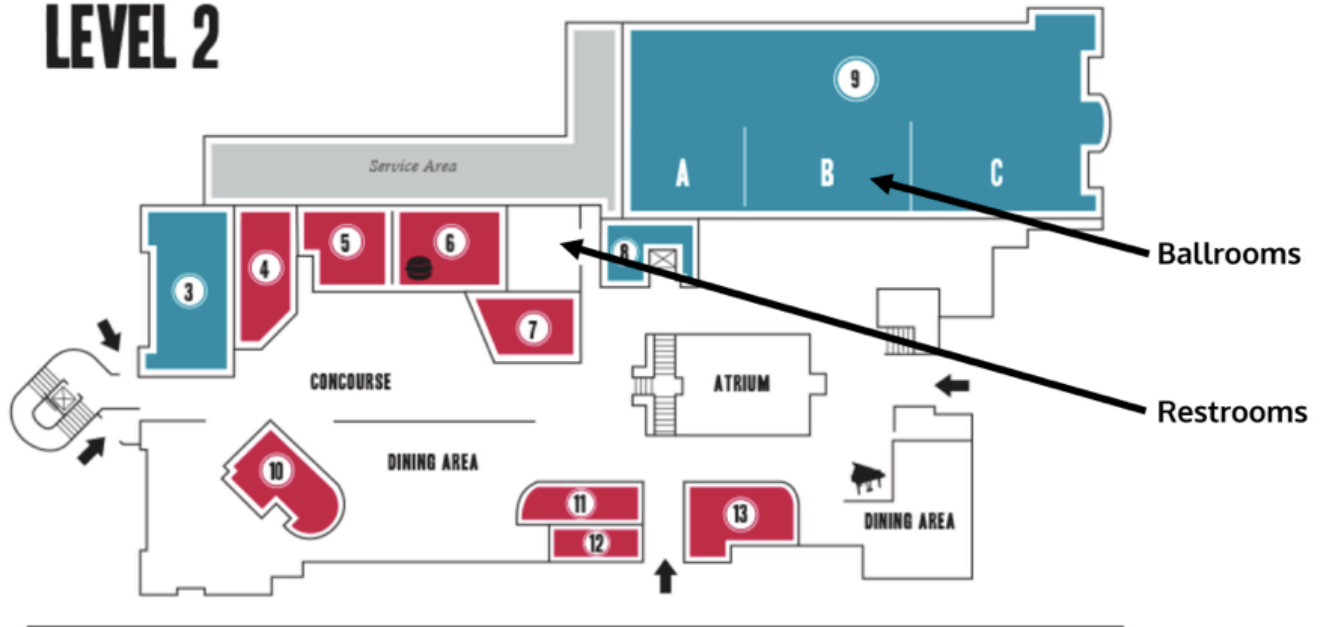
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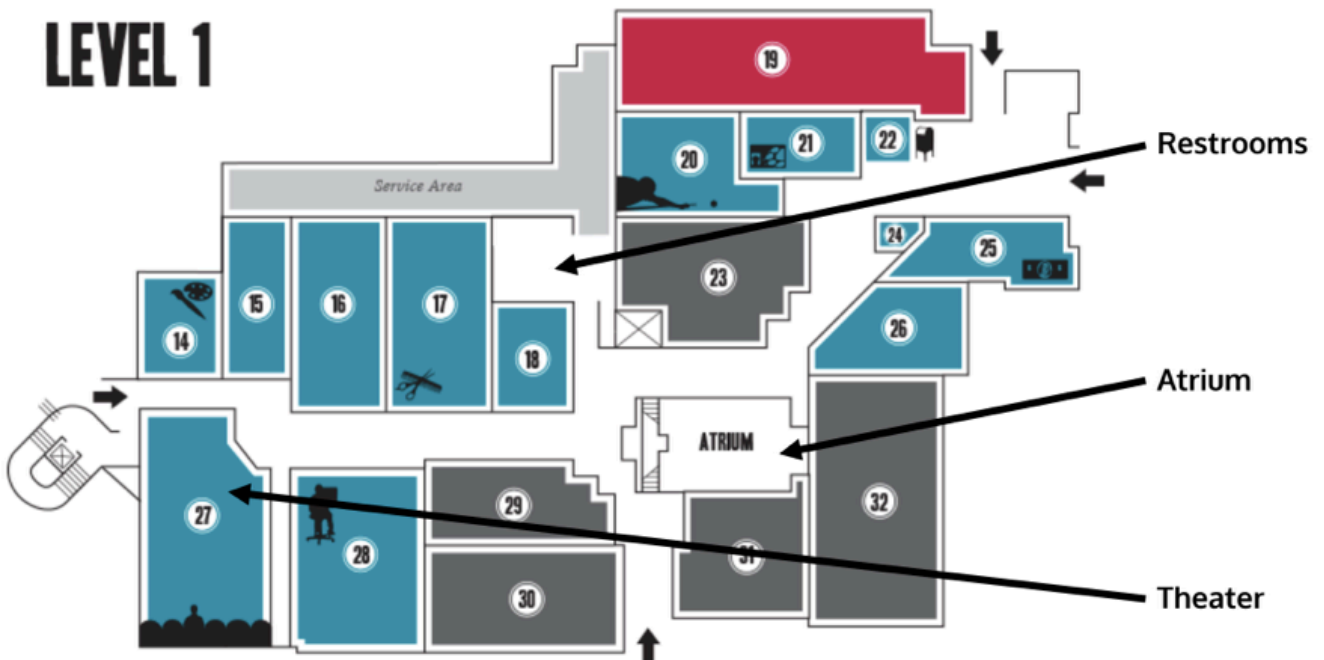
LEVEL 3



LEVEL 2



LEVEL 1



WORKSHOP SCHEDULE (1/4)

Time	Theater	Atrium	Lobo A	Lobo B
10:10-10:55	Should I Become a Nurse?	"Eight Great Professions in 40 Minutes"	Suturing: The Basics- Hand On *Limited Seating	Spanish Speakers Health Professionals in NM
11:00-11:45	Med Lab Scientist: Behind the Microscope	What Do Physical Therapists Do?	Suturing: The Basics- Hand On *Limited Seating	A Career in Medicine: A Primer for Pre-Med Students
11:45-1:15	INFORMATION TABLE SESSION / LUNCH			
1:30-2:15	So you're thinking about dentistry. . .	How to Choose Your Future Career in Healthcare	How to apply to the UNM Physical Therapy Program	UNM PA Program Student Q & A Session
2:20-3:05	Making the Most of Shadowing	Critical Care at 18,000ft: A Career in Flight Medicine	A day in the Life of a Medical Students	What is it really like to work in Healthcare in New Mexico? Ask us anything!
3:10-3:55	Who Am I? What to Share in a Personal Statement	MD Financial Aid 101	OVERCOMING SETBACKS AS A PREMED STUDENT	Medical Interpreting—A Unique Clinical Experience
4:00-4:45	Financial Aid #101 for Health Professional Programs	Athletic Training: Healthcare for the Physically Active	The Path to Medical School for Nontraditional Students	Exploring Maternal and Child Health

WORKSHOP SCHEDULE (2/4)

Time	Fiesta A & B	Mirage/Thunder	Trail/Spirit	Santa Ana A
10:10-10:55	"How to Ace the Dental Interview"	Pathways in Pediatrics: A Panel Discussion and Q&A Session	Voices of Veterinary Medicine	Value Based Care 101
11:00-11:45	Advising pre-nursing students at UNM	Infinite Possibilities in Patient Care at CNM	UNM PA Program Admission	Freshman & Transfer Admission to UNM
11:45- 1:15	INFORMATION TABLE SESSION / LUNCH			
1:30-2:15	FOOT & ANKLE PHYSICIANS/SURGEONS: BEST KEPT SECRET CAREER	Welcome to Hunt School of Dental Medicine in El Paso!	Casa De Salud Apprentice Fellowship	Rx Whodunit: Uncovering Secrets of the Pharmacy Profession
2:20-3:05	The Winding Road to Medical School	Become a Physician: Doctors of Osteopathic Medicine	Getting Psyched About Psychiatry	Life in School from students at UNM College of Pharmacy
3:10-3:55	"Why This Not That?"	Exercise is Medicine - how to prevent and treat diseases	How do I Become a Nurse?	From Books to Scrubs: My Medical School Odyssey
4:00-4:45	Is seggs bad? What is a vulva? Can I be a sex educator?	How climate change alters your biology	NVPs Wanted! Learn about being a Valuable Nurse Practitioner	American University of Antigua College of Medicine (AUA)

WORKSHOP SCHEDULE (3/4)

Time	Santa Ana B	Luminaria	Acoma A	Acoma B
10:10-10:55	The Do's and Donuts of Medical School Admissions	So You Want To Go To Dental School?	Bites, Stings, Disease (and more!): Medical Entomology	GRE Strategy Session
11:00-11:45	Day in the Life of a Dental Student	Sexual Assault Nurse Examiner approach	Disabilities in Healthcare: Your Career and Education	First Year of Medical School: How to Survive and Thrive
11:45- 1:15	INFORMATION TABLE SESSION / LUNCH			
1:30-2:15	Clinical Research in Emergency Medicine	Use of Standardized Patients (SPs) in Health Care Professions	Imaging Touches Every Patient: Where is the Pathology seen? (early afternoon)	Beyond the Mask: Masters Degree in Anesthesia
2:20-3:05	Building Your Health Professions Program Application	The Path to Veterinary School	A New Model: Curanderismo Traditional and Modern Medicine	The 911 on EMS
3:10-3:55	UNM Dept of EM Research in Acute Care Courses	Careers in Veterinary Medicine	The Indigenous Pursuit of Health Professional Careers	The Difficult Patient
4:00-4:45	Child Life Specialists: We Make Healing Look Like Play	Hospice Volunteering: Companionship at the end of life	Saving lives through good management: UNM's MHA program	Become a better health professional

WORKSHOP SCHEDULE (4/4)

Time	Isleta	Scholars	Sandia
10:10-10:55	What exactly is Interventional Radiology? My journey	The Modern Pharmacist	UNM Health Sciences Programs, MD/PHD, PHD, and PREP
11:00-11:45	The World of Dental Hygiene	We Have Ways of Making You Talk and Hear	Occupational Therapy: Putting the Fun in Functional
11:45- 1:15	INFORMATION TABLE SESSION / LUNCH		
1:30-2:15	Wildlife Gets Sick Too - an introduction to Wildlife Disease	The Effects of Strength Training on Osteoporosis	The CPC Becoming a Certified Professional Coder
2:20-3:05	Healers of Tomorrow: Explore Medical Careers In High School!	UNM Combined BA/MD Degree Program	What can a PhD in Biomedical Sciences do for you?
3:10-3:55	Programs to Inspire Tomorrow's Health Leaders - Communities to Careers Programs (UNM HSC OfDEI)	Experiences of LGBTQIA+ Healthcare Professionals in Medicine	Population Health: Human-Centered Healthcare
4:00-4:45	The Art of Science	In the Service of Health: Governmental Roles at NMDOH	A History of Epidemics & Pandemics

WORKSHOP DESCRIPTIONS (1/9)

See a description of each workshop, organized by time of day. You can attend up to 6 workshops.

10:10–10:55 AM WORKSHOPS

Should I become a Nurse?

Theater

Cassandra Figgs MSN, RN, CEN - UNM College of Nursing

I will be discussing the factors to consider when deciding whether nursing is the right career for you. I will also review the different types of nursing with you.

Eight Great Health Professions in 40 Minutes

Atrium

Shelly J McLaughlin, Justin Auch, Krystal A Zaragoza, Sierra B Cushing, Barbara J Masten, Jessica C Salazar, Rose M Vallejo, Samantha Baca, and Rebecca R Blankley - UNM School of Medicine Health Professions Programs

Interested in a healthcare career but not sure of the many different pathways and opportunities? Come get an intense, quick, "round-robin style" overview of the "Eight Great" Health Professions Programs at UNM-SOM. The professions in Anesthesia Assistant, Dental Hygiene, Emergency Medical Services, Medical Laboratory Sciences, Occupational Therapy, Physical Therapy, Physician Assistant, and Radiologic Sciences will be presenting together in this session. You will have time to ask questions and gain information to help you choose the health profession that is right for you.

Suturing: The Basics - Hands On

Lobo A

Janet Simon, DPM+ NMPMA DPM members - New Mexico Podiatric Medical Association (NMPMA) and the American Association of Colleges of Podiatric Medicine (AACPM)

Basic medical suturing techniques will be demonstrated and workshop participants will have hands-on time to practice on simulated skin models.

Spanish Speaker Health Professionals in NM

Lobo B

Veronica Plaza, MD MPH + Medical Students - UNM School of Medicine Clinical Communications Skills in Spanish

Taller con un panel diverso de estudiantes de medicina y profesores de habla hispana. Exploramos datos de salud de NM, políticas de salud y oportunidades de aprendizaje como futuros profesionales de la salud en NM.

"How to Ace the Dental Interview"

Fiesta A & B

Althea Pyle - CU Anschutz School of Dental Medicine

Learn how to prepare for your dental interview and make yourself stand out through the admissions process.

Pathways in Pediatrics: A Panel Discussion and Q&A Session

Mirage/Thunder

Dr. Matthew Gunderson (facilitator), Dr. Crystal Avila-Schroeder, Dr. Jessie Maxwell, Dr. Anthony Okamura, Dr. Leslie Strickler, Dr. Anjali Subbaswamy, Dr. Jessica Valdez, and Dr. Kathy Wolfe - UNM School of Medicine

Do you have a desire to help kids? Do you want to know how to become a doctor who cares for kids? This panel discussion will include professionals from several different pediatric specialties, with a Q&A session to answer all of your questions.

Voices of Veterinary Medicine

Trail/Spirit

Adena Robertson, DVM, Julia Donnelly, DVM, Jennifer Bracken, DVM, Erin Phipps, DVM and Maggie Jones, DVM - New Mexico Veterinary Medical Association

A panel of veterinarians, who hold various occupations in the veterinary field, will describe the different types of veterinary jobs and answer questions regarding the profession

Value Based Care 101

Santa Ana A

Dr. Jaren Trost - Optum New Mexico

Over half of doctors are working under value-based care (VBC) contracts. But what does it mean? Optum NM Sr. Medical Director, Jaren Trost, MD, MBA will share how a focus on preventive care and health outcomes can change the way care is delivered and how providers are reimbursed.

The Do's and Donuts of Medical School Admissions

Santa Ana B

Olivia Moore, Tegan Whitney, et al. - UNM School of Medicine

I will host a Q&A workshop about tips for applying to medical school. We held this workshop last year. This is an opportunity to receive tips from current medical students about applications, personal statements, and interviews. .

So you want to go to Dental school?

Luminaria

Charles Tatlock, DDS, MPH University of New Mexico PreDental Society; Alexandra Jaquez, UNM Pre Dental Society President, Billy Chang, UNM Pre Dental Society Officer - UNM Pre Dental Society

This presentation will highlight steps individuals should consider while exploring the dental professions as a career. Personal qualities and motivations that make an applicant more compelling in the application process will be addressed.

WORKSHOP DESCRIPTIONS (2/9)

Bites, Stings, Disease (and more!): Medical Entomology

Acoma A

Dr. Ken Cradock - UNM Office of Pre-Health Professions Student Development

Discover the impact that arthropods can have on humans from a health care perspective.

GRE Strategy Session

Acoma B

Adam Wolf - The Princeton Review

Tips and tricks to succeeding on the GRE. Explanations on what is on the GRE, strategies for tackling questions, and explanations on all of the sections.

What exactly is Interventional Radiology? My journey.

Isleta

Dr. Aaron Losey - X-Ray Associates of New Mexico

Dr. Aaron Losey was born and raised in Albuquerque, and graduated from Sandia High School. In this talk he will cover his journey in medicine, how he discovered Interventional Radiology and what interventional radiologists do. .

The Modern Pharmacist

Scholars

Kathryn Gentsch - UNM College of Pharmacy

Join us to discover the unsung heroes of healthcare: pharmacists. Explore their evolving role in ensuring safe and effective medication use. This presentation goes beyond dispensing, showcasing the diverse functions that define modern pharmacy.

UNM Health Sciences Programs, MD/PHD, PHD, and PREP

Sandia

Justin Baca, MD., PHD., Monica Rosas-Lemus, PHD., Kathryn Fietze, PhD., Alicia Bolt, PhD. - UNM HSC School of Medicine Research Education Office

The UNM Health Sciences Center (HSC) Research Education Office and UNM HSC will present information about programs for undergraduate research (Undergraduate Pipeline Network, or UPN), post-baccalaureate research (PREP), MD/PHD, and PHD programs.

11:00–11:45 AM WORKSHOPS

Med Lab Scientist: Behind the Microscope

Theater

Margaret Alba, Julia Allen - UNM Medical Laboratory Sciences Program

What happens when specimens get “sent to the lab”? Who does the testing? Come find out how you can become a Medical Laboratory Scientist, performing tests to identify leukemic cells or bacteria and other tests that help to diagnose a patient.

What Do Physical Therapists Do?

Atrium

Rose Vallejo and DPT students - UNM Division of Physical Therapy

Participants will be provided with a basic introduction to the profession of physical therapy. It will cover what physical therapists do as Movement Science Specialists. It will also provide information about how to become a physical therapist.

Suturing: The Basics- Hands On

Lobo A

Janet Simon, DPM + NMPMA DPM members - New Mexico Podiatric Medical Association (NMPMA) and the American Association of Colleges of Podiatric Medicine (AACPM)

Basic medical suturing techniques will be demonstrated and workshop participants will have hands-on time to practice on simulated skin models.

A Career in Medicine: A Primer for Pre-Med Students

Lobo B

Matthew Gunderson, MD, MSc - UNM Pediatric Emergency Medicine

A brief description of my non-traditional pathway into medicine, an introduction to the field of pediatric emergency medicine, and advice for pre-medical students to increase their chances of admission to medical school.

Advising pre-nursing students at UNM

Fiesta A & B

Bradford Beck - UNM University College Advisement Center

Interested in understanding more about what goes into advising pre-nursing students at the University of New Mexico? Join us as we walk through the process of advising pre-nursing students at the UCAC and all that it entails.

WORKSHOP DESCRIPTIONS (3/9)

Infinite Possibilities in Patient Care at CNM

Mirage/Thunder

Diane Evans-Prior, Fateesha Graff, and Diane Wesner - CNM School of Nursing and Patient Support

Need to work while you're in school? Want a quick way to get started in healthcare? CNM offers 3-month to 2-year programs to prepare nurses and other patient support roles, including RN, PCT, MA, and the new Practical Nursing program!

UNM PA Program Admission

Trail/Spirit

Christina Anthony, MA - UNM PA Program

This session will cover the requirements to apply for admission to the UNM PA Program. Learn about the prerequisite courses, GPAs, clinical experience, and how to help your application stand out.

Freshman & Transfer Admission to UNM

Santa Ana A

Matthew Hulett - UNM Admissions Office

Get your questions answered about applying for admission to UNM.

Day in the Life of a Dental Student

Santa Ana B

Nisali Piyasena - University of Colorado School of Dental Medicine

Step into the shoes of a first-year student at the University of Colorado School of Dental Medicine. You will be guided through a typical day in dental school while gaining insight into this recent UNM graduate's pre-dental journey.

Sexual Assault Nurse Examiner approach

Luminaria

Alejandra Casarrubias, BSN, RN - Albuquerque SANE Collaborative

SANEs provide survivors of sexual assault and intimate partner violence with a comprehensive medical and forensic exam. Review on the importance of helping survivors of crime, healing, and trauma-informed care in a respectful and supportive manner.

Disabilities in Healthcare: Your Career and Education

Acoma A

Olivia Moore, et al. - UNM School of Medicine

This presentation will be a student presentation and Q&A by students in the medical school who identify as having a disability. This presentation will focus on navigating accommodations, schooling, and clinical experiences with disabilities.

First Year of Medical School: How To Survive and Thrive

Acoma B

Dr. Caitlin Armijo, Rawan Elaksher, Elena Florez-Aguirre, Frederick Hansen, Corrina Klein, Maxwell Randall, Chloe Slator, Arlin Bustillos, Ashton Simmons, Carrie Hicks, Darrian Greenwood, Emily Zwierzchowski, Lucia Martinez, Marina Moore - UNM School of Medicine

A panel of medical students in their first and second years of medical school will discuss various topics on how to succeed as a medical student. The panel will focus on studying, wellness, clinical opportunities, and how to adapt after college.

The World of Dental Hygiene

Isleta

Justine Ponce, RDH, MS + Student Panel - UNM: Dental Hygiene

Want to know more about dental hygiene? Then this is the workshop for you! We will discuss what a dental hygienist does, what career paths are available, and how to become a dental hygienist.

We Have Ways of Making You Talk and Hear

Scholars

Phyllis Palmer, Sarah Duncan, & Students - UNM Department of Speech and Hearing Sciences

Learn why the fields of speech-language pathology and audiology are top-rated healthcare careers.

Occupational Therapy: Putting the Fun in Functional

Sandia

Jessica Salazar, MSW, MOT, OTR/L - UNM Occupational Therapy Graduate Program

This presentation will include an overview of Occupational Therapy, information on the UNM Occupational Therapy Graduate Program, and a fun interactive segment. If you are interested in OT, then you will not want to miss this presentation.

1:30–2:15 PM WORKSHOPS

So you're thinking about dentistry. . .

Theater

Dr. Tom Schripsema, Dr. Ann Scott, Dr. Joe Gherardi, Dr. Dezbba Damon-Mallette - New Mexico Dental Association

A panel of dentists will discuss the profession of dentistry and share some of their own tips and tricks about getting into and getting through dental school

WORKSHOP DESCRIPTIONS (4/9)

How to Choose Your Future Career in Healthcare

Atrium

James McKinnell, MD - UNM Office of Pre-health Professions Student Development

This workshop will start the exploration process for determining the right health profession for you.

How to apply to the UNM Physical Therapy Program

Lobo A

Jodi Schilz - UNM Physical Therapy Program

Information on how to apply to the UNM Physical Therapy Program with a Q&A session after presentation.

UNM PA Program Student Q & A Session

Lobo B

Jameel K Remtullah, PA-S, Hope Zupfer, PA-S, Kate Brown, PA-S, Mark Alvarado, PA-S, Brooke Brenning, PA-S - UNM PA Program

Interested in Learning more about PA School? Join current students in the UNM PA Program to hear about the program and their experiences! This will be a question and answer session

FOOT & ANKLE PHYSICIANS/SURGEONS: BEST KEPT SECRET CAREER

Fiesta A & B

Janet Simon, et al. - New Mexico Podiatric Medical Association

Podiatric specialty focuses on the foot/ankle/lower extremity function providing career choices that includes surgery, trauma, sports medicine, wound care and biomechanics.

Welcome to Hunt School of Dental Medicine in El Paso

Mirage/Thunder

Andrea Ramirez ; Kelsey Akin D3, Nayeli Sanchez-Nevarez D2, Omar Piñon D1 - TTUHSC El Paso - Hunt School of Dental Medicine

Learn about what you need to get into dental school while at UNM and get insight from our current dental students on what it is like to get into dental school and the adventure that it is now that they are on their way to becoming a dentist!

Casa De Salud Apprentice Fellowship

Trail/Spirit

Aimee Linebarger, Fabian Martinez, Edymar Hernandez, Alejandra Casarrubias, BSN, RN - Casa de Salud Clinic

Casa de Salud and our Health Apprenticeship program focus their training on helping English and Spanish speaking patients in our South Valley clinic. We help students with the skills on how to engage in direct patient care and hands-on experience.

Rx Whodunit: Uncovering Secrets of the Pharmacy Profession

Santa Ana A

Dr. Jennifer Ortega, Dr. Joseph Lambson, Dr. Krista Anaya, LaDonna Bonnin, Dr. John Togami, Dr. Preeyaporn Sarangarm - UNM College of Pharmacy

Whether you're considering a career in pharmacy or simply intrigued, peek behind the scenes of the pharmacy profession with us. Uncover the who/what/where of pharmacists and how they impact patient care. It may not be what you think.

Clinical Research in Emergency Medicine

Santa Ana B

Sarah Lavelle, Maria Behrend, et al. - UNM School of Medicine

Come learn about the role clinical research has in Emergency Medicine at UNM. In this workshop, we'll discuss what clinical research is, who it impacts, and why it's important!

Use of Standardized Patients (SPs) in Health Care Professions

Luminaria

Audrey H. Bobick and Eric Bodwell, Jacquelyn Sandoval, Adam Kludt - UNM School of Medicine

To become aware of the beneficial use of Standardized Patients (SPs) in healthcare simulations. Using SPs in healthcare simulation prepares health professional students for better communication skills by being able to practice interviewing and conducting a head to toe exam on a simulated patient versus an actual ill patient.

Imaging Touches Every Patient: Where is the Pathology seen?

Acoma A

Kathy Roberts - UNM School of Medicine - Radiologic Sciences

Learn more about medical imaging and the different modalities that technicians learn and use in patient care.

Beyond the Mask: Masters Degree in Anesthesia

Acoma B

Cayla Carr-Paiz, Kim Kopacz, Justin Auch - UNM HSC- Anesthesiology and Critical Care Medicine

Dive into the world of Anesthesiology! Explore the Certified Anesthesiologist Assistant profession & Masters of Science in Anesthesia program. Unleash your potential in this dynamic field and discover your path into healthcare.

Wildlife Gets Sick Too - an introduction to Wildlife Disease

Isleta

Kenwyn Cradock - UNM Office of Pre-Health Professions Student Development

Learn about some of the diseases that afflict wildlife and how they can potentially impact human and domestic animal health

WORKSHOP DESCRIPTIONS (5/9)

The Effects of Strength Training on Osteoporosis

Daisy Guadián - UNM McNair/ROP, however, I'm presenting for myself to share my findings!

Grandma and Grandpa Jones want healthy bones, so they need to lift heavy! Come find out about how strength training/mechanic load can stimulate bone growth and development in osteoporotic patients!

Scholars

The CPC Becoming a Certified Professional Coder

Roseanne McGinn - UNM Gallup

To learn about medical billing and coding certification.

Sandia

2:20–3:05 PM WORKSHOPS

Making the Most of Shadowing

James V. McKinnell, MD - UNM Office of Pre-Health Professions Student Development

In this workshop we will discuss why you are asked to shadow and what you should be looking for and thinking about while you are in the room.

Theater

Critical Care at 18,000ft: A Career in Flight Medicine

Jake Danemann, FP-C, Brandi Thompson, CFRN - UNM Lifeguard Air Emergency Services

Have you ever wanted to practice medicine while flying over New Mexico at 300MPH? Listen to UNM Lifeguard Air Emergency Services talk about a career as a Flight Paramedic, Flight Nurse or Flight Physician and what it takes to fly.

Atrium

A day in the Life of a Medical Students

Jordan Lee (Mr.), Mueez Rehman (Mr.), et al - UNM School of Medicine

Interested in hearing about a day in the life of a medical student? Join current medical students from all 4 years to hear about a day in the life as a medical student, hear about our paths to medical school, and get an opportunity to ask questions.

Lobo A

What is it really like to work in Healthcare in New Mexico? Ask us anything!

Vanessa al Rashida, MD, MPH, Internal Medicine Physician, Optum, Clinical Assistant Professor, Office for Community Faculty, UNM School of Medicine, Brian Etheridge, MD (UNM Class of 2004), Chief Medical Officer for Blue Cross Blue, Shield Medicaid, Clinical Assistant Professor, Office for Community Faculty, UNM School of Medicine, Elizabeth Garchar, MD, (UNM Class of 2016), FACOG, Obstetrics and Gynecology Physician, Piñon Perinatal, Assistant Professor, Office for

Community Faculty, UNM School of Medicine, Albert Kwan, MD (UNM Class of 1983), Retired Medical Director and general surgeon, Plains Regional Medical Center, Clinical Assistant Professor, Office for Community Faculty, UNM School of Medicine, Leandro Maurice Lopez, OTR/L, New Mexico Veteran's Affairs, Clinical Lecturer, Office for Community Faculty, UNM School of Medicine, Ruth Lopez, B.S., P.T. (UNM Class of 1985), New Mexico Veteran's Affairs, Clinical Lecturer, Office for Community Faculty, UNM School of Medicine, Helene Silverblatt, MD, Psychiatry Physician, UNM School of Medicine, Executive Director of the Office for Community Faculty, Randolph P. Baca, MD (UNMSOM class of 2007), Psychiatry and Addiction Medicine Physician, Former Director of Psychiatric Services for the New Mexico Corrections Dept., Medical Director of Four Corners Mental and Behavioral Health (Private Practice), Medical Director for Psychiatric Services, Lovelace Hospital System (Abq Area)

Medical Doctors, Physical Therapists, Occupational Therapists, and Physician Assistants who are either alumni of the UNM School of Medicine or Community Faculty of the UNM School of Medicine share their experiences and answer your questions about what it's really like to work in healthcare in New Mexico.

Lobo B

The Winding Road to Medical School

Dua Hussain (MS-1), Aysu Nora Caglar (MS-1), Sameen Jawadi (MS-1), Ariana Gutierrez (MS-1), Nolan Drebing (MS-1), Peter Prina (MS-1) - UNM SOM

Have you considered taking a gap year? Where do you start in the journey of applying to medical school? What are the winding roads that lead to admission? Join us to explore several first-year medical students' paths to the UNM School of Medicine.

Fiesta A & B

Become a Physician: Doctors of Osteopathic Medicine

Austin Gentry - Burrell College of Osteopathic Medicine

Explore the rewarding path to becoming a Doctor of Osteopathic Medicine at Burrell College of Osteopathic Medicine located in Las Cruces, NM. Learn about the osteopathic philosophy, unique skills, career opportunities, and the admissions process.

Mirage/Thunder

WORKSHOP DESCRIPTIONS (6/9)

Getting Psyched About Psychiatry

Trail/Spirit

Elise Morosin, MD - UNM SOM

This workshop will include an introduction to the field of psychiatry and various subspecialties that can be pursued. There will be discussion of NM's mental health demographics and the barriers to care for under-resourced/underserved communities.

Life in School from students at UNM College of Pharmacy

Santa Ana A

Maria P Ybarguengoitia Aguero, Rebecca Merzke, Ryan Maese, Kimberly Salazar, Christina Tarango - UNM COP (College of Pharmacy)

Real perspectives from current students at the UNM College of Pharmacy. Hear from students who have just started the program as well as students who are almost finished. Great way to get a great understanding of what the program is like.

Building Your Health Professions Program Application

Santa Ana B

Dr. Ken Cradock - UNM Office of Pre-Health Professions Student Development

Learn about the types of materials and experiences that you will need in order to have a strong application.

The Path to Veterinary School

Luminaria

Maggie Jones, DVM - Aztec Animal Clinic

What are the admission requirements for getting into veterinary school?

A New Model: Curanderismo Traditional and Modern Medicine

Acoma A

Dr. Eliseo Torres, Dr. Mario Del Angel-Guevara - UNM Department of Chicana/o Studies

This workshop proposes that health professions incorporate a linguistic and culturally responsive approach to health by learning more about traditional medicine concepts that have been part of the Latinx culture for hundreds of years.

The 911 on EMS

Acoma B

Sierra Cushing - UNM Emergency Medical Services Academy

Come find out about the world of EMS (Emergency Medical Services)!

Healers of Tomorrow: Explore Medical Careers In High School

Isleta

Lorenzo Silva, Kevin Dileanis, and Barbara Gutierrez - Native Health Initiative

Are you interested in becoming a health professional? Join the Healers of Tomorrow 2024/ 2025 cohort for a chance to explore medical careers, develop community based projects, and promote yourself as a future leader in healthcare!

UNM Combined BA/MD Degree Program

Scholars

Jered Cervantes - UNM Combined BA/MD Degree Program

The Combined BA/MD Degree Program is designed to help address the physician shortage in New Mexico through the commitment of its students to serve communities across the state. Join us and learn more about being a BA/MD student!

What can a PhD in Biomedical Sciences do for you?

Sandia

Kathryn Frieze, PhD (Director of UNM Biomedical Sciences Graduate Program) - UNM Biomedical Sciences Graduate Program

There are a variety of career paths for individuals with a PhD in Biomedical sciences. In this workshop, you'll hear more about the UNM Biomedical Sciences PhD program and the types of careers our graduates have pursued.

3:10–3:55 PM WORKSHOPS

Who Am I? What to Share in a Personal Statement

Theater

James V. McKinnell, MD - UNM Office of Pre-Health Professions Student Development

Many students wrestle with what to write about in their personal statements. In this workshop we will talk about the goals of a personal statement and how you might approach the challenge.

MD Financial Aid 101

Atrium

Leslie Murphy - UNM HSC

MD Financial Aid 101, presented by UNM HSC Financial Aid, will go over Cost of Attendance, Program Costs, Scholarships, Federal Financial Aid (Borrowing), Methods of Loan Borrowing, and so much more! We will hold Q&A during this workshop as well.

WORKSHOP DESCRIPTIONS (7/9)

OVERCOMING SETBACKS AS A PREMED STUDENT

Lobo A

Lorenzo Silva

Getting into medical school is difficult. From taking the MCAT to building your application, setbacks will occur. Together, we will discuss real challenges that students face and how you can overcome them!

Medical Interpreting—A Unique Clinical Experience

Lobo B

Ruixuan Liu - Freelance Interpreter

Want to make great use of your multi-lingual super power, contribute to your community and gain clinical experience? Attend this workshop and learn about how to become a Medical Interpreter! Actual work conditions and opportunities included.

"Why This Not That?"

Fiesta A & B

Dua Hussain, Maria Garcia, Colin Bulman, et al. - UNM Interprofessional Health Outreach Program

Listen to a panel of health professions students discuss why they chose their field of study... and why they DIDN'T choose others. The friendly conversation is made for people who know they want to work in the health field but are potentially unsure which specific area they would like to practice. This workshop is hosted by the Interprofessional Health Outreach Program, a student organization through the HSC campus with the mission of introducing students (K-12 and beyond) to the truly vast number of health careers you can pursue!

Exercise is Medicine - how to prevent and treat diseases

Mirage/Thunder

Flávio de Castro Magalhães, PhD- UNM Exercise Science Program

Interested in learning how exercise is considered a powerful medicine? Want to learn about the numerous health benefits associated with exercise? Then come to learn what Exercise Science is and what doors a degree in this field can open for you!

How do I Become a Nurse?

Trail/Spirit

Grace Wiele & Alexis Tiefa - UNM College of Nursing

Join The UNM College of Nursing as we explore the pathways to become a bachelor's prepared nurse at UNM

From Books to Scrubs: My Medical School Odyssey

Santa Ana A

Pooja Bhakta, MS3 - UNM School of Medicine

Explore the hidden truths of medical school before they surprise you! Join the workshop to uncover the reality of each year. The goal is to illustrate the journey interactively, providing a "dose" of the thrilling challenges and triumphs of medicine.

UNM Dept of EM Research in Acute Care Courses?

Santa Ana B

Silas Bussmann, MPH, MBA, CCRP® - University of New Mexico Dept of Emergency Medicine Research Operations Center

Come learn research alongside medicine's "front lines". The trenches of acute care research are the ideal environment for those new to medicine; fast, dirty and bespeckled with brave and courageous patients suffering from all varieties and combinations of maladies.

Careers in Veterinary Medicine

Luminaria

Maggie Jones, DVM - Aztec Animal Clinic

Veterinary medicine is more than just dogs and cats. Let's explore the many career opportunities.

The Indigenous Pursuit of Health Professional Careers

Acoma A

The Indigenous Pursuit of Health Professional Careers - Association of Native Medical Students, Center for Native American Health

Hear about Native Health Professional student's journeys to medical school, nursing school, public health, and physical therapy school. Come and ask any questions you might have as a future Native Health Professional Student!

The Difficult Patient

Acoma B

Coffee Brown, M.D.; Lhadze Bosiljevac, NRP

In healthcare, trust wavers. Recent skepticism challenges providers, leading to burnout and poor outcomes. Join our talk on navigating difficulties for improved patient care. Let's enhance outcomes together!

WORKSHOP DESCRIPTIONS (8/9)

Programs to Inspire Tomorrow's Health Leaders - Communities to Careers Programs (UNM HSC OfDEI) **Isleta**
Stacy Collier - UNM HSC OfDEI - Communities to Careers
You have what it takes to become a leader—in your community and in a healthcare career. The Communities to Careers Programs can give you the support and resources to achieve your dreams.

Prepare to enter and graduate from a health education track by participating in programs from Communities to Careers—a movement to diversify health professions to better reflect the population of our state.

Experiences of LGBTQIA+ Healthcare Professionals in Medicine **Scholars**
Jonathan Hulse, Natasha Dark, Lila Baca - LGBTQ Students and Allies in Healthcare
Hear the experiences of LGBTQIA+ UNM health professionals who are "out" in medicine. Learn about LGBTQ activism in medicine and ways that UNM is working to advance LGBTQ health. Expand your professional network and build community with others.

Population Health: Human-Centered Healthcare **Sandia**
Rylee Brachle, Hayley Hamilton - UNM College of Population Health
Whether or not you have ever heard of 'population health', you interact with it every day. Learn about social determinants of health, sustainable models of positive community engagement, and careers in population health science.

4:00–4:45 PM WORKSHOPS

Financial Aid #101 for Health Professional Programs **Theater**
Janell Valdez - UNM Health Sciences
Thinking about a health professional career, but concerned about how to pay for that? Come hear about financial options available to help you meet educational expenses.

Athletic Training: Healthcare for the Physically Active **Atrium**
Sara Nottingham, Athletic Training Program Director, Kolbie Tolino & Sky Marianito, Athletic Training Students - UNM Master of Science in Athletic Training Program
In this interactive workshop, attendees will learn about the athletic training profession and our roles as healthcare providers. Attendees will participate in activities including athletic training clinical skills led by current AT students.

The Path to Medical School for Nontraditional Students **Lobo A**
Jenna Norton, Kelsey Neal, Morgan Stein, Emmanuel Valdez, Sergio Alvarado Gil - UNM School of Medicine
Tailored for nontraditional students, this workshop offers insights, guidance, and strategies for navigating the medical school application process. From prerequisites to personal statements, chart a successful path towards your medical career.

Exploring Maternal and Child Health **Lobo B**
Tammy Thomas, PhD, MSW, MPH & Stephanie Chambers, MPH - UNM College of Population Health
This presentation will provide an overview of the field of maternal and child health, why it is important, and how racism and the social determinants of health impact outcomes for women, birthing people, children, and families.

Is seggs bad? What is a vulva? Can I be a sex educator? **Fiesta A & B**
Becki Jones and Trevor Goodluck - Planned Parenthood of Rocky Mountains - Native Community Health Network
Sexually transmitted infections and pregnancy prevention is just the tip of the iceberg for sex ed. Come learn from two educators about their experience with working in community, and how they came down the path of reproductive health and justice.

How climate change alters your biology **Mirage/Thunder**
Ethan C. Hill, Lexi O'Donnell - UNM College of Population Health, UNM HSC
We will discuss how exposure to climate extremes and pollution alters the biology and health outcomes of developing children. This workshop focuses on how maternal exposure to poor air quality can impact the health trajectory of a developing fetus.

NVPs Wanted! Learn about being a Valuable Nurse Practitioner **Trail/Spirit**
Amie Merhege, CPNP-PC - UNM CON/UNMH Children's Hospital
Have you been considering the nurse practitioner path? Attend this session to learn more about the variety of career options available to NPs and the education required to get there. There will be ample time allotted for participant questions.

American University of Antigua College of Medicine (AUA) **Santa Ana A**
Troy Sherman - American University of Antigua College of Medicine
Come learn more about American University of Antigua College of Medicine and find out how we've helped thousands of students just like you earn their medical degrees, obtain competitive residencies, and become successful physicians.

WORKSHOP DESCRIPTIONS (9/9)

Child Life Specialists: We Make Healing Look Like Play

Santa Ana B

Abby Walker, B.S., CCLS - UNMH Child Life Department

Child life specialists are certified professionals who utilize a variety of tools, including play, to help children cope in healthcare settings. This session will provide an overview of the child life profession and the education/training required.

Hospice Volunteering: Companionship at the end of life

Luminaria

Jonathan Maestas - Bosque Trails Hospice

Everyone can all learn from sitting with someone on Hospice. Hospice isn't just a place where people come to die; but a place where they come to seek ultimate comfort and peace. Learn why it's good to volunteer for someone on hospice.

Saving lives through good management: UNM's MHA program

Acoma A

Kate Cartwright, PhD, MPH - UNM School of Public Administration & MHA Program

What do ALL healthcare professions & organizations have in common? They need competent, creative leaders to manage operations which lead to high-value outcomes. Learn about UNM's Master of Healthcare Administration program & discuss career options.

Become a better health professional

Acoma B

Laura L. Burton, Ph.D., and alumni - UNM Health Sciences Rio Rancho Campus

Are you seeking entry into a Professional Health program? Have you thought about what skills make a great health provider? The Pre-Health Scholars Certificate will help you develop these skills while strengthening your application.

The Art of Science

Isleta

Lor - UNM, individual party

Oftentimes people forget that there is a strong tie between art and science. This interactive workshop will go over the basics of biomedical illustration and why it is so important in the world of medicine.

In the Service of Health: Governmental Roles at NMDOH

Scholars

Jessica Cassyle Carr, MPH, MS & Belkis Jacquez, MPH - New Mexico Department of Health

Explore careers at NMDOH, a robust public health service system spanning 33 counties, 23 tribes, pueblos, and nations, and 52 local offices. Grounded in ensuring health equity for all, NMDOH staff work on a dynamic array of issues across New Mexico.

A History of Epidemics & Pandemics

Sandia

Kenwyn Cradock - UNM Office of Pre-Health Professions Student Development

Ever since humans started living in larger groups we have been at risk of periodic outbreaks of disease. This presentation covers a few notable historical disease outbreaks up to COVID-19.

INFORMATION TABLES

11:45 AM – 1:15 PM · SUB Ballroom

African American Student Services, UNM
Agora Crisis Center, UNM
Albuquerque SANE Collaborative
Altius
American Canadian School of Medicine
American Chemical Society, UNM
American Indian Student Services, UNM
American Medical Student Association, UNM
American University of Antigua College of Medicine
Area Health Education Center (AHEC), Department of Family and Community Medicine UNM
Arts & Science Advisement
Association of Women Surgeons UNM School Of Medicine Chapter
Athletic Training Program, UNM
Big Brothers Big Sisters of Central New Mexico
Biochemistry Molecular Biology Department, UNM School of Medicine
Biology Undergraduate Society, UNM
Burrell College of Osteopathic Medicine
Camp Enchantment- New Mexico Pediatric Oncology Summer Camp
Casa de Salud
Center for Native American Health, UNM Health Science Center
Central New Mexico Community College
Chemistry & Chemical Biology, UNM
College of Nursing, UNM
College of Pharmacy, UNM
College of Population Health, UNM
Combined BA/MD Degree Program, UNM
Commission for Deaf and Hard of Hearing (CDHH)
Communities to Careers - UNM HSC Of DEI
Comprehensive Cancer Center COE, UNM
Continuing Education, UNM
Critical Nurse Staffing, CNS Cares
Dental Hygiene, UNM School of Medicine
Dental Medicine, UNM School of Medicine
Department of Speech and Hearing Sciences, UNM
Doctorate of Physical Therapy (DPT) Program, UNM
Emergency Medical Services Academy, UNM School Of Medicine
Faith Works Counseling
Health and Human Services, Eastern New Mexico University
Health Professions Symposium, UNM
High Desert Family Services LLC
Hospital Talent Acquisition, UNM
Interprofessional Health Outreach Program IHOP from the UNM School of Medicine
Kaplan
Latino Medical Student Association, UNM
LGBTQ Resource Center, UNM
Lifeguard Air Emergency Services, UNM Hospital
LoboRESPECT Advocacy Center
Mann School PharmD program, USC
Master of Science in Anesthesia Program, UNM School Of Medicine
Medical Laboratory Sciences, UNM
Medical Scribe Program, Department of Emergency Medicine, UNM
National Scleroderma Foundation - Albuquerque Support Group
Native Community Health Network with Planned Parenthood of Rocky Mountains
Native Health Initiative
New Mexico CPR Associates
New Mexico Dental Association
New Mexico Department Of Health
New Mexico Health Resources
New Mexico Higher Education Department
NM-INSPIRES Community Engagement Core (CEC), UNM Health Science Center
Nutrition Program, UNM
Office of Pre-Health Professions Student Development, UNM
Paul L. Foster School of Medicine- Texas Tech University Health Science Center El Paso
Physician Assistant Program, UNM
Pre-Dental Society, UNM
Pre-Health Scholars Certificate, UNM
Pre-Medical Society, UNM
Pre-Occupational Therapy Club, UNM
Pre-Optometric Society, UNM
Pre-Pharmacy Society, UNM
Presbyterian Healthcare Services
Radiologic Sciences, UNM School of Medicine
Refugee & Immigrant Well-being Project
Research Education Office, UNM School of Medicine
School of Public Administration, UNM
ScribeAmerica
Simply Salud
Student Association of Healthcare Administrators (SAHA) at the School of Public Administration, UNM
Student Health and Leadership Council, UNM
Texas Tech University Health Science Center - School of Health Professions
The Department of Spanish and Portuguese, UNM
The Princeton Review
TriCore reference Laboratories
Uniformed Services University of the Health Sciences (USUHS) F. Edward Hebert School of Medicine
United States Air Force
University of Colorado School of Dental Medicine
UNM School of Medicine
Western New Mexico University School of Nursing
Women's Resource Center
Woody L. Hunt School of Dental Medicine- Texas Tech University Health Science Center El Paso
X-Ray Associates of New Mexico

LUNCH MENU

Your HPS registration includes lunch! The following vendors will be accepting your lunch vouchers from 11 AM - 2 PM.

Choose 1 of the following (*no modifications accepted*):

Chick-Fil-A: Spicy or Original Sandwich with Chips OR 8ct Nuggets with Chips

Mandalay: Fried Rice with One Entree

Dion's: 2 Slices of Pizza (Cheese or Pepperoni) with drink OR
1 Salad with Drink

Cafe Lobo: Choice of Ham & Cheese, Turkey & Cheese Sandwich OR
Vegan-Veggie Wrap (no cheese) with Chips

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The Combined BA/MD Degree Program is designed to help address New Mexico's physician shortage by assembling a class of diverse students who are committed to serving communities across the state.

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NOTES

SAVE THE DATE!

The 9th Annual



will be on

Saturday, April 12th, 2025

Attend the workshops and tables you missed this year.
Check out our new presenters and hear about new opportunities.
Don't miss out! Plan NOW to be there!